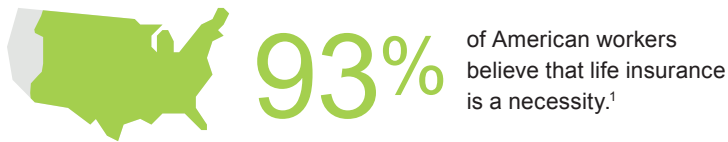


Facts & Stats



If you have a spouse, kids or aging parents who depend on you, life insurance is valuable protection and may be more affordable than you think.

Consider these policy costs for a healthy 35 year old:

\$50,000 in coverage
estimated cost \$3-4 per month



that's 2 packs of gum!

\$250,000 in coverage
estimated cost \$15-20 per month



that's a movie ticket and popcorn!

\$500,000 in coverage
estimated cost \$30-40 per month



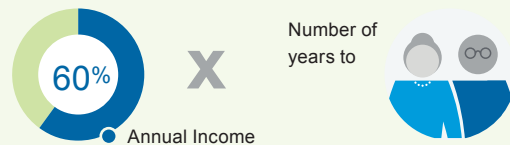
that's a small cup of coffee each weekday!

Do you have the right amount of protection?

You should also keep in mind that insurance needs may increase as your life changes, because you have more to protect — for example, getting married, starting a family or purchasing a home.



A premature death is likely to exert a major or devastating impact on financial security, lifestyle and general savings.³



MetLife believes that **60%** of annual income times years to retirement gives you a reasonable estimate of the amount of life insurance you should have. Check out our calculator tool

What you need to know about getting life insurance at work:

- You get competitive group rates and a wide range of coverage options to choose from.
- Proceeds are generally income tax free and can be paid to your beneficiary in a lump-sum payment.
- You will have the convenience of having premiums automatically deducted from your paycheck.

1. LIMRA's Facts About Group Life (2015), http://www.limra.com/uploadedFiles/limra.com/LIMRA_Root/Posts/PR/_Media/PDFs/2015-LIAM-fact-sheet_Group.pdf, accessed April 2016.
2. LIMRA's Facts About Life (2015), http://www.limra.com/uploadedFiles/limra.com/LIMRA_Root/Posts/PR/_Media/PDFs/2015-LIAM-Fact-Sheet.pdf, accessed April 2016.
3. MetLife's 2015 Study of the Financial Impact of Premature Death.

metlife.com

Like most group insurance policies, MetLife group policies contain certain exclusions, limitations, exceptions, reductions, waiting periods and terms for keeping them in force. Please contact MetLife for details about costs and coverage.

